

*** COLONOSCOPY PREP USING SUPREP ***

NO SOLIDS ON _____ (ALL DAY)

*** ONLY LIQUIDS ON THE LIST BELOW:**

- Water
- Gatorade/Powerade
- Soft drinks
- Kool-Aid
- Strained fruit juices without pulp (apple, white grape, white cranberry, lemonade, etc)
- Tea or coffee (no milk or non-dairy creamers) sweetener and sugar may be added
- Low salt chicken or beef broth/bouillon
- Hard candies
- Jell-O (no fruit or whipped toppings)
- Popsicles, Italian ice (no ice cream, sherberts, or fruit bars)

****DO NOT EAT OR DRINK ANYTHING RED OR PURPLE
NO ALCHOLIC BEVERAGES

12:00 pm- Take (2) Dulcolax tablets (attached to the sheet)

1:00 pm- Mix and drink **FIRST** dose of **Suprep**

- Pour one 6 ounce bottle of **Suprep** liquid into mixing container
- Add cold drinking water to the line on the container and mix
- Drink all the liquid in the container
- You must drink **TWO** more 16 ounce containers of water over the next 1 hour

7:00 pm- Mix and drink **SECOND** dose of **Suprep** same as above