

MoviPrep

The day before procedure:

No Solid Food All Day
Only Clear Liquids To Drink
No Red or Purple Liquid in Color
No milk or Dairy Products

Drink plenty of fluids throughout the day.

What are “clear liquids?”

Water

Soft Drinks (no red or purple)

Sport Drinks (no red or purple)

Kool Aid (no red or purple)

Strained fruit juices without the pulp

Tea or Coffee (no Milk or Non-dairy creamer)

Chicken or Beef Bouillon/Broth

Jell-O (no red or purple) Limit 2 cups

Popsicles, Italian Ice (no Sherbet, Ice Cream or Fruit Bars. No red or purple)

NO ALCOHOLIC BEVERAGES

Take @ 8:00 a.m. = 2 Dulcolax Pills

The day before your procedure you will cleanse your system with a Medication called MoviPrep. At 8:00 am the day before your procedure you will take the two (2) pills that are attached to the front of the paper. At 3:00 p.m. you will mix the MoviPrep solution as directed on the following page and drink it at the designated time, then repeat the step again at 7:00 p.m. after drinking all the solution follow-up with clear liquids until midnight. Take all prescribed medication on the prep day unless instructed otherwise.