

GASTROENTEROLOGY CENTER

EGD AND COLONOSCOPY

PRE-PROCEDURE INSTRUCTIONS

1. Do not eat or drink anything after midnight the night before your procedure. If your procedure is scheduled in the afternoon, you can have clear liquids until _____a.m. the morning of the procedure and nothing after that.
2. You will be sedated during the procedure and will not be able to drive yourself home. Arrange for someone to bring you home after the procedure.
3. If you take medication for high blood pressure, heart, seizure or inhaler it is very important that these are the only medications you should take on the morning of the procedure with a small sip of water unless instructed otherwise.
4. If you are on Coumadin, Plavix, Ticlid, Aggrenox, Pradaxa, Eliquis, or Effient, or have a metal heart valve, please CONTACT the prescribing physician for procedure clearance. You will need authorization to stop taking these medications ____ days before the procedure. **If you take Aspirin 81mg or 325mg daily ordered by your cardiologist or primary doctor, then you may continue taking it.**
5. Do not take any Aspirin containing medications as well as any anti-inflammatory medications _____days prior to your procedure. These include Goody's, BC powder, Excedrin, Motin, Advil, Ibuprofen, Aleve, Relafen, Naprosyn, Feldene, Indocin, Clinoril, and Mobic.
6. Stop taking vitamins and herbal supplements at least _____days prior to the procedure. Garlic, Vitamin E, Ginkgo, and Ginseng act as blood thinning agents and can increase you risk for bleeding.
7. If you are Diabetic, do not take your insulin or oral diabetes medications until after the procedure.
8. Bring your medications or a list with you to the center on the morning of your procedure.

****Please check with the nurse for the number of days you must stop medications prior to your procedure. Please note that this varies with each physician.****